



BALI YOGA & WELLNESS

IN-VILLA RATES 2009

YOGA & MARTIAL ARTS

Description	time	pax	Rate
Meditation & Pranayama Class (Chakra Meditation available)	60 min	1-2	550,000
Yoga Class	60 min	1-2	550,000
	90 min	1-2	660,000
	2 hrs	1-2	750,000
Yoga Day Spa Incl holistic massage / excl F&B	1 day	1	1,600,000
Yoga Week	6x2 hrs	1-2	4,500,000
Martial Arts -Yoga /Tai Chi ChiGung/Kickboxing/Boxing	90 min	1-2	660,000

AQUA WELLNESS

Description	time	pax	Rate
Aqua Body Sculpting	60 min	1-2	580,000
Aqua Flow Therapy	60 min	1	850,000

WATER SPORTS

Description	time	pax	Rate
Swimming Lessons	30 min	1	360,000
	45 min	1	450,000
	60 min	1	550,000
Surfing - beginners	60 min	1	550,000
	60 min	2	1,000,000
Surf Coaching – Surf trip	4 hrs	1	2,400,000

PERSONAL TRAINING

Description	time	pax	Rate
one on one training	60 min	1	Please contact us for updated rates
Couples training	60 min	2	
Group training	60 min	-	
5-10 session packages available			

MASSAGES

Description	time	pax	Rate
Renewed Energy-Refreshing	60 min	1	300,000
Sheer Bliss - Relaxing	75 min	1	350,000
Pure Relief - Sports	75 min	1	350,000
Divine Balance - Holistic	90 min	1	400,000
Reflexology Foot & Hand	60 min	1	300,000

HEALING & TRANSCENDENTAL ARTS

Description	time	pax	Rate
Balinese Healing Treatment – traveling to healer with translator	1 session	1	1,100,000
Javanese Healing Treatment	1 session	1	600,000
Acupuncture	1 session	1	600,000
Homeopathic Treatment	1 session	1	900,000
Naturopathic Treatment	1 session	1	900,000
Cranio Sacral	60 min	1	850,000
Teate Therapy	60 min	1	700,000
Structural Integration / Rolfing	80 min	1	850,000
Reiki	60 min	1	850,000
-Reiki Initiation Level I-	180 min	1	1,800,000
-Reiki Initiation Level II-	180 min	1	3,500,000
New Intention Ritual	60 min	1	850,000
	90 min	1	1,100,000
Chakra Balancing	90 min	1	850,000
Tarot Card Reading	1 session	1	850,000
Astrology Reading	1 session	1	850,000

- **If more than 2 pax** in any yoga, martial arts, aqua, fitness or sports classes, an extra 20% charge per additional person applies
- Repeat class **discounts**. Children rates and packages available!
- All rates are quoted in Indonesian Rupiah, are subject to change without prior notice, accepted in any currency at daily exchange rate; on cash basis only and sorry no credit-cards accepted
- **Transport charges**
of Rp. 70,000.- apply for villas located in the areas of Sanur, Nusa Dua, Jimbaran, far Canggu, Pererenan and Seseh; Rp. 100,000.- for areas of far Nusa Dua, Bukit area, Ulu Watu, Ketewel; Rp. 150,000 for Tabanan and the like; Rp. 200,000 for Ubud, Saba, Far Tabanan etc; if the teacher coincidentally lives in opposite direction, reverse transport charges apply
- 50% last minute (less than 2 hours before class) **cancellation fee**
- Full class/treatment charge for no show or therapist on the way
- Late start (more than 15 min) of class/treatment: 10% additional fee every 15 min
- Bali Yoga Wellness, their teachers and therapists, villas and agents are **not liable** for any injury or losses sustained during training or treatments.
- Please inform your therapist/ teacher BEFORE class of any injuries, previous accidents, menstruation or pregnancies etc
- Naturopathic treatments do not include medicines